



DEVELOPING LEADERS

April 2009

Session 7
Issue 7

INFORMATION TECHNOLOGY, COMMUNICATIONS AND NETWORKING

The Tioga County *Community Leadership Program* met for their 7th Session on Friday April 3rd at Mansfield University's Memorial Hall, in the Technology Outreach Center. The topic for the day: Information and Technology, Communications and Protecting Our Community. Objectives included exploring information resources in Tioga County understanding and using technology in leadership and business, developing skills in this area, and improving communication and interpersonal skills.

Lindsey Sikorski started the day with an introduction to Memorial Hall and the University, and what Mansfield University has to offer. Next, Mansfield University's Provost Dr. Peter Keller, who was involved the creation of the Leadership program, gave an overview of the day.

Morning presentations started with Patty Vlajic of First Citizen's National Bank who talked about the dangers of technology, such as internet scams, and security issues for businesses and in our personal interactions. This included some eye opening information on what is out there, and how to protect ourselves and our businesses.

Next was a panel discussion that included Joe Bubacz from Laurel Health System, Tom Freeman from Blue Ridge Cable, Jason Gehman of Northvoice Communications, and Al Quimby from Penn Tele Data. This panel discussion was titled "Voices From the Trenches", and these gentlemen answered questions given by Mr. Quimby that surrounded how their community businesses and organizations deal with and are affected by technology. Part of the discussion involved technology that is coming to Tioga County, and challenges facing that goal.



Tioga County Development Corporation





Dennis Murray, chair of Mansfield University's Psychology department, finished the morning presentations with a piece titled "Communication and Conflict Resolution Skills Practice. He offered a whole lot of good information to the group on how to handle conflicts in the workplace and resolving these conflicts. This piece brought about some good discussion from the group on their own experiences in this area.

After lunch the group was provided a great tour of the University by Raya Hansen, President/Student Alumni Ambassadors. The purpose was to gain an understanding of resources to Tioga County, and it is amazing what is right next door. Next was a presentation by Jim Welch, Environmental Health and Safety Specialist at Mansfield University, who discussed emergency preparedness and protecting our community. Lastly, Al Quimby talked to the group about networking and business etiquette, some good information for our business lives as leaders in Tioga County. The session was sponsored by PenTeleData.

So went another great opportunity with the Tioga County Leadership Program. All involved are sad to see it coming to an end, but grateful for the opportunity to have been exposed to so much about Tioga County, and to be provided with skills to grow and develop in our business and personal lives.



CLP Class of 2009 Profile



The session #7 *Community Leadership Program* spotlight shines on SueAnne Carson. SueAnne resides in Wellsboro, PA where she is involved with several community organizations including; Secretary of the Amateur Radio Club, Special Olympics Coach and Volunteer, President of the Wellsboro Fireman's Auxiliary, and the Susquehannock Trail Performance Rally Competitor Registration and Radio.

SueAnne graduated from Harding University in Searcy, Arkansas with a Bachelors Degree in Social Work. Her degree serves her well in her job as a Casework Supervisor with the Tioga County Department of Human Services, where she has been employed for the past 8 years. Being a Casework Supervisor involves supervising four workers that focus on Children and Youth, Mental Health and Developmental Disabilities by assessing the need and continuation of services to keep the children safe and in the home, and by providing services to individuals to assist them in remaining in the community. It also involves serving as a member of the Transition Council and on Individual Education Plans within the Wellsboro High School.

SueAnne has other interests and hobbies including sports, Special Olympics, animals, traveling, swimming, music, movies, STPR, amateur radio, hanging out with friends, and NASCAR. Living in Tioga County enables SueAnne to spend time enjoying her interests and hobbies. When asked what she likes most about Tioga County she states, "The fact that it is small and many of the things that affect urban areas on a consistent basis you don't find here. It's peaceful and a great place to live." SueAnne also enjoys any place in the county that is in the country and has a great sunset at night. It's also a great place to listen to the birds and bring a sense of peacefulness.

SueAnne is very much enjoying the opportunity to participate in this year's edition of the *Community Leadership Program*. When asked what she hopes to learn from the program, SueAnne states, "I hope to develop myself into becoming a better leader in my professional role as well as in the community. To be able to assist people in finding their inner-leader and help them realize that everyone can be a leader in one form or another." All participants have their own idea of what Leadership is, according to SueAnne, Leadership is best described by Elaine Agather, "The leadership instinct you are born with is the backbone. You develop the funny bone and the wishbone that go with it."

YOUTH LEADERSHIP SPOTLIGHT



Sarah Colegrove

We are excited to introduce you to current **Youth Leadership Program** participant **Sarah Colegrove**. Sarah attends New Covenant Academy in Mansfield. Sarah is actively involved in 4-H, her church, and she is a volunteer firefighter. Some of her hobbies and interests she enjoys are reading books and making jewelry. Sarah also really enjoys working with children and visiting the Mansfield Free Public Library, which happens to be her favorite place to visit.

Sarah feels that the Leadership Program has really helped her learn how to be a better leader. Sarah explained that she really enjoys Tioga County because it is a rural area. She really likes living in Tioga County and feels it is so beautiful and feels there are so many things it has to offer.

Sarah also stated "Leadership means to me the ability to head up a group with one eye forward and the other eye looking to prepare for the future. It also means to me the ability to listen to the group you are leading, even if you do not like what they are saying."

When asked about her favorite part about the program, Sarah replied "My favorite part was when I visited Soldiers and Sailors Memorial Hospital's lab. I thought that it was really neat to see what they did with the blood."

Sarah plans on attending college once she graduates. Sarah is a positive role model for other students in the area. Sarah's commitment will assist her in achieving her life goals. Good luck Sarah!

Community Leadership Program Alumni

This month's Alumni Focus is on Joey Heckler, she is a co-chair for this year's *Community Leadership Program*. Joey was a participant in the 2008 CLP Class.

Joey resides in Wellsboro with her husband Todd and her 14 year old son Bren. She has been employed as a Branch Manager at Northwest Savings Bank for the past two years. She enjoys hiking, reading, yoga, walking and most of all spending time with "her guys" (Todd & Bren.)

When asked what her fondest memory of her CLP experience was, Joey said that she enjoyed the program very much but if she had to pick a favorite memory it would be the ropes course during the Opening Retreat. She said "we had so much fun!"

Joey explained that through her experience with the *Community Leadership Program* what has been most helpful is that it has given her a better understanding of other businesses, what they are going through, what they do, how they contribute to our community, and what needs they may have. Joey related also, the greater understanding of what our community's needs are has opened her eyes in many ways. She feels that she could write a short book on all that she has gained from the experience, but to her the understanding that she has gained is most valuable.

The *Community Leadership Program* has helped Joey to become a better leader in that it provided her, again, with greater understanding; but in this case understanding of her staff's needs. She said "I couldn't do my job without them. They are the backbone of this branch and very important to me. CLP has taught me how to create a better environment for them."

When asked why she would encourage others to participate in the *Community Leadership Program*, Joey responded that "it sounds cliché, but it truly broadened my horizons. It helps you see and think outside of the box!"

Joey was asked what her greatest joy in life was and she was quick to respond "Hands down, my greatest joy in life is my husband and my son. I am so blessed to have them in my life." Anyone who knows Joey could surely attest to that!



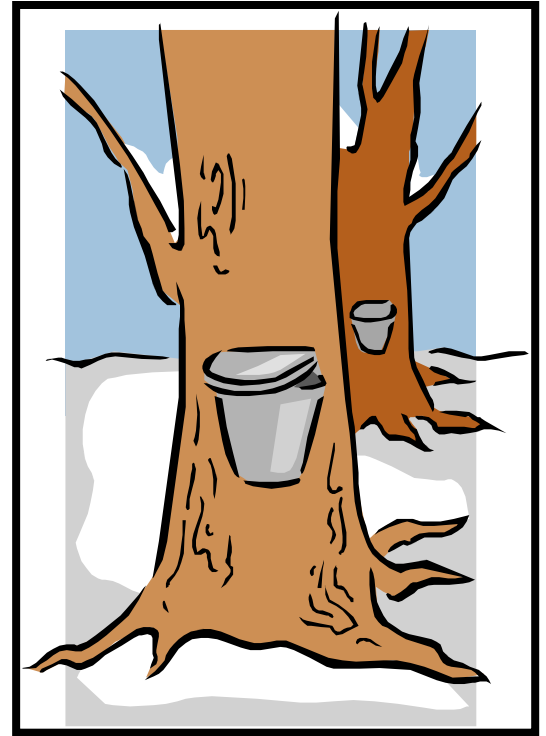
Maple Cheesecake Bars

Crust:

3/4 Cup Butter – softened
1/3 Cup Pure Tioga County Maple Syrup
1/2 tsp. Vanilla Extract
2 Cups Flour
1/2 tsp. Salt

Cheesecake:

2 (8 oz.) pkg. Cream Cheese, softened
1/2 Cup Sour Cream
2 Eggs
3/4 Cup Pure Tioga County Maple Syrup
1 tsp. Vanilla extract
1 tsp. Lemon juice
2 Cups Chocolate Chips, Melted
8 oz. jar Pure Tioga County Maple Cream



Preheat oven to 400 degrees.

Prepare crust: Cream butter, beat in maple syrup and vanilla. Add flour and salt, blend. Press into 9x13 in. pan.

Cheesecake: Pour melted chocolate over crust, spread with about 3/4 jar of the maple cream, and set aside. Beat cream cheese, scraping sides of bowl, until light and completely smooth. Beat in sour cream, then the eggs (one at a time). Gradually beat in maple syrup followed by vanilla and lemon juice. Pour over chocolate.

Bake 15 minutes at 400 degrees then reduce heat to 350 degrees and continue to bake for 30 minutes. Cool and chill. Drizzle with the remaining maple cream and some melted chocolate before cutting bars. Serve with fresh whipped cream.

LEADERSHIP QUOTE

“Pull the string, and it will follow wherever you wish. Push it, and it will go nowhere at all.” ~ Dwight Eisenhower

2009 Youth Leadership Program

Youth Leadership Program Studies the Quality of Life in Tioga County



Students in the YLP Class of 2009 study the different species of bugs they found in the stream at Ives Run Park and how it determines water quality.

The *Tioga County Development Corporation Leadership Tioga County Youth Leadership Program* Class of 2009 learned studied the Quality of Life in Tioga County during Session 4 on April 7, 2009. The Session was held at Ives Run Park in Tioga. Students had the opportunity to learn about flooding, watersheds, how bugs can determine water quality is streams and the importance of the consensus process

The Class of 2009 Graduation Ceremony will be held at 3:00 PM on April 26, 2009 at the W. M. Tokishi Training Center in Wellsboro, Pennsylvania.

YOUTH LEADERSHIP SPOTLIGHT



Elizabeth Compton

We are excited to introduce you to current *Youth Leadership Program* participant **Elizabeth Compton**. Elizabeth attends Wellsboro Area High School and is actively involved in Youth Leadership, Girl Scouts and Youth Group. She also has many hobbies such as swimming, babysitting, worshipping, singing, spending time with family, texting, scrapbooking, skiing/snowboarding, and attending concerts with her family.

Elizabeth feels that the Leadership Program is helping her learn how to impact others in a positive way and make a difference. She also explained that she felt leadership meant being a person someone can look up to as a role model with good insight and a positive outlook.

When asked about anything else that she would like to have included in the article she responded "I'd like to thank the *Youth Leadership Program* for allowing me these opportunities every month to learn more about my community, serving others, and a little something about myself each time."

Elizabeth plans on attending a Christian college but is undecided on exactly what she wants to be in the future. Elizabeth is an inspiration to us all and will do well in the future wherever she goes. Good luck Elizabeth!

YELLOW BLUE ORANGE
BLACK RED GREEN
PURPLE YELLOW RED
ORANGE GREEN BLACK
BLUE RED PURPLE
GREEN BLUE ORANGE

This is fun, try to say the color of the word Not what the word spells

YOUTH LEADERSHIP SPOTLIGHT



Casey Patrick

We are excited to introduce you to current *Youth Leadership Program* participant **Casey Patrick**. Casey is a Junior at Wellsboro High School. She is the daughter of Ferlin and Terry Patrick and has a younger brother named Drew. Casey is actively involved in Golf, Basketball, Band, Chorus, Drama, Student Council, and Student Help Group. Some of Casey's hobbies and interests that she enjoys include reading, writing, acting and dancing.

Casey feels that the Leadership Program is really giving her the leadership qualities that will help her later in life.

Her favorite part of the Leadership Program is all of the places and people she gets to learn about.

Casey plans on attending college to become an elementary school teacher once she graduates. Another interesting fact about Casey is that she wants to become a successful mother and teacher in the future. Casey will have no problems achieving those goal with her dedication and commitment. Good luck Casey!