



# DEVELOPING LEADERS

February 2010

Session 5  
Issue 5

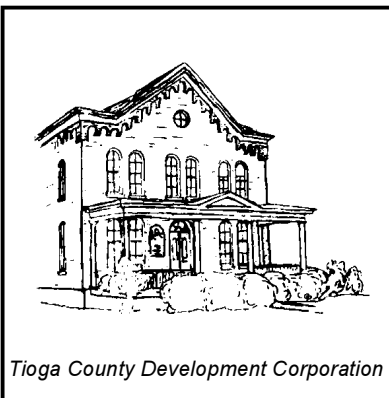
## Community Leadership Program Attends Session 5 Continuous Learning & Workforce Development at Pennsylvania College of Technology/North Campus

The current **Leadership Tioga County Community Leadership Program** class gathered Friday, February 5, 2010 at Pennsylvania College of Technology's North Campus in Wellsboro for session five; Continuous Learning and Workforce Development. This session focused on the group gaining a better understanding of leadership needs and how to get involved within the community, planning and collaborative problem solving, and the importance of continuous workforce development.



Brenda Abplanalp, Director of Outreach Services at Pennsylvania College of Technology's North Campus, opened the fifth session with the results from the VARK questionnaire that the *CLP* class took prior to the session. Abplanalp outlined the different styles of learning for the adult learner, and also identified each class members learning preference. The class learned that individuals tend to have one of four styles for processing information: Vision, Aural, Reading/Writing, and/or Kinesthetic (VARK), however it is possible for individuals to have a combination.

Following Abplanalp, Linda Williams, of Training Focus, shared tips on how to run an effective meeting in an effort to make a meeting more successful. She provided tips like: being prepared, having an agenda and staying on time. Leaders are learners, and continuous learning is key to being a successful leader. Nichole Hall, Programming and Internship Coordinator at Mansfield University, discussed education, which one should never stop furthering. Remember, learning doesn't always have to take place in a formal setting (i.e. a classroom) - life experiences can become your own personal learning lab.



Tioga County Development Corporation



## Community Leadership Program

### Attends Session 5 Continuous Learning & Workforce Development *(continued)*



Hall had *CLP* participants come up with a continuous learning development plan by writing their own short and long term learning goals and sealing them in an envelope that will be mailed to them following graduation from the *CLP* program.

Ferlin Patrick, Physician Practice Director with Laurel Health System, followed Hall and discussed the three “E’s” of Leadership: Emotion, Energy, and Edge. The three E’s of leadership provide action steps for creating momentum. Leadership is about understanding people, and getting people pointing and acting in the same direction takes momentum.

The class started their class assignment presentations and then took a break for lunch, which was catered by “The Native Bagel” in Wellsboro. Sue Sticklin, Director of Community Services for Laurel Health System, discussed the importance of volunteering and the many ways to get involved within our community, encouraging the class to find a volunteer opportunity or support a cause in an effort to give something back to the community. In doing so, one may develop new skills, establish friendships and make a difference.

We are all unique, not only in physical appearance but in our personality profiles. Sticklin presented the group with an insightful personality test that consisted of a fun quiz defining specific features and characteristics. Are you a Blue, Gold, Orange, or Green?

Larry Michael, Director of Workforce Development at Penn College in Williamsport, presented via webcam on workforce development in the current oil and gas industry. The session ended after the class finished their presentations and departed. The *CLP* will travel to Harrisburg on Tuesday, March 16 to participate in session six of the *Community Leadership Program*.



## **CLP Groups Update**

### **Group 1 - Tioga’s Got Talent**

Group 1 is continuing to work on developing a plan to hold a talent show for Tioga County. A Facebook page was created for a recruitment tool. Materials, such as press releases, flyers, advertisements and solicitation letters for sponsors are in development. Currently, the entire project is up in the air until the group meets again to determine if there is enough interest to actually hold the show.

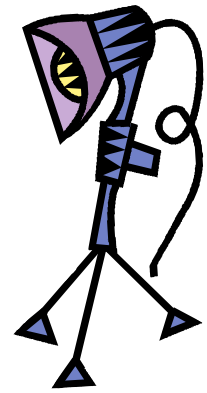
### **Group 2 – LIVE Public Information Strategy**

Because of wintry weather over the past few weeks, the group has not had much progress since the last update. Group 2 has finalized the January newsletter for LIVE, and has created another draft copy of the logo. The group has also finished the planning for the Coffee House Fundraiser, and is still in planning stages for the March 20<sup>th</sup> Kids Sports Extravaganza (which is being organized completely by *CLP* as a fundraiser for LIVE).

### **Group 3 – Leadership Tioga County**

As the date draws nearer, the plan for the mixer is starting to come together. The Master of Ceremonies, Jason Gehman, has been selected, fundraising is complete and the caterers have been selected. One of the mixers caterers is the culinary class of Wellsboro High School. A *CLP* alumnus has agreed to speak about his experience with the program, and group 3 is currently looking for additional community speakers. Each group will be preparing a short presentation about their projects and/or experiences with *CLP* thus far.

# The CLP Class of 2010 Spotlight Shines On Chrissi Copp



This edition of the *CLP* spotlight is on Chrissi Copp. Chrissi resides in Middlebury Center with her husband Chris and her son Christopher age fifteen. She also has a black lab, Jasmine and a yellow lab, Chloe. Chrissi graduated Wellsboro High School in 1996. She has also completed Series 6 and 63 Certifications to become a licensed Life, Accident & Health Insurance agent in New York and Pennsylvania. Chrissi has worked for Citizens & Northern Bank for one year as a Cash Management Relationship Manager. She works with business clients to make certain they are utilizing the appropriate banking services for their particular needs.

Chrissi is hoping that her time in the leadership program will open her eyes to what is out there in our area and help her to become more involved with the community. In her spare time, Chrissi enjoys reading, spending time with her family, cooking and baking, being outside in the summer and inside in the winter. Her favorite food is anything Italian. Whenever there is extra time, Chrissi and her family have a racecar and enjoy going to the drag strip.



Chrissi's expectation of the Leadership program is to gain a better understanding of our area as well as the businesses and people that reside there. She also wants to become more confident public speaker.

"If you think you can do a thing or think you can't do a thing, you're right" by Henry Ford is a quote that Chrissi lives by each day.



The best executive is the one who has sense enough to pick good men to do what he wants done, and self-restraint to keep from meddling with them while they do it.

- Theodore Roosevelt

## Consensus Circle

Often the most logical solution appears impossible to execute because of the lack of support and cooperation. The consensus process strives to emphasize common agreement over differences and reach an effective decision using compromise. A group decision making process that engages all participants, everyone gets a chance to speak, and all must listen. Although there are many different models of the consensus process, the basic roles and rules are the same.

There are three primary roles:

1. **The Facilitator** – Their role is to make the process of consensus decision making easier. They are responsible for moving through the agenda on time and ensuring the group follows the rules. They facilitate the process, not the content. A good facilitator is objective, they do offer solutions or conclusions.
2. **The Time Keeper** – They ensure the meeting runs on time, giving frequent updates, warning when time is low, and keep individuals from taking an excessive amount of time.
3. **The Note Taker** – Takes notes. They document decisions, discussion, and action points of the decision making body. The group owns the decision, no names are recorded.

Establish an agenda for discussion, all participants must agree to the ground rules (listed below), each item on the agenda is addressed in turn. The facilitator will begin the process with two or three questions related to the issue at hand. Questions should stimulate the logical, analytical left brain thinking, as well as, the intuitive, thoughtful, and subjective right brain side.

### Consensus Etiquette (Rules)

- ◆ Active listening
- ◆ Speak, everyone must speak
- ◆ Be Respectful
- ◆ Don't interrupt
- ◆ Use "I" Statements
- ◆ Everyone must get something they want
- ◆ No one should "give in" and just go with the group's decision
- ◆ The decision you make as a group should be supported by all



Unity is symbolized by a circle. The goal of the consensus process is to arrive at an agreement by all. It attempts to bring every member to unity, everyone wins. Groups that practice consensus often place chairs in a circle within the meeting room to represent equality of all participants.

For more information on the consensus decision-making process visit: [www.holisticmanagement.org](http://www.holisticmanagement.org).

**TCDC Mixer • Thursday, March 25 • Gmeiner Arts Center in Wellsboro • 6:00 p.m.**

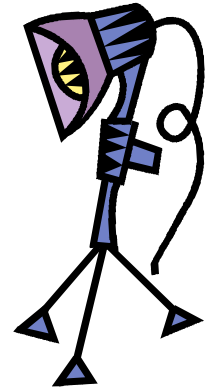
- ◆ Meet the CLP Class of 2010
  - ◆ Enjoy tasty finger foods and win neat prizes
  - ◆ Learn about what the current CLP class is working on
- ◆ Network and reconnect with community members and CLP alumni

**See you there!**

# The CLP Class of 2010

## Spotlight Shines On

# Kimberly Sexauer



This edition of the *CLP* spotlight is on Kimberly Sexauer. Kim resides in Covington with her husband Adam and her three children, Jericho age seven, Gaven age five and Luke age two. An avid animal lover, Kim also has two cows, several goats, four sheep, several chickens, an assortment of cats, one dog, fish and whatever else her boys will catch and name. Kim has Bachelors in Elementary Education and Early Childhood and she also has her Teaching Certificate for K-6 and N-3. Kim works for Bradford Tioga Head Start as an Education Supervisor for the past five years. Within her position, Kim supervises seven classrooms across two counties. Some of her other duties include staff hiring, providing professional development training to staff and supply ordering.

Kim is an active member of her church and also BEST (Blossburg Elementary School Team). In her spare time, Kim enjoys having fun with her children, playing guitar and outdoor activities like nature walks and hiking. Her favorite food depends on her mood but includes Salmon, Manicotti, Shrimp Scampi and of course desserts.



Kim's expectations of the Leadership program are to learn about Tioga County and the opportunities that lie with the county. She hopes to enhance her own leadership qualities so she can become a better supervisor. She also hopes to build relationships with other leaders within the county so that she can learn from each other's expertise. A quote that Kim lives by is "Life is not measured by number of breaths we take, but the moments that take our breath away!" by an unknown author.



### Did You Know...?

- The Marcellus Shale formation can be found beneath about 60 percent of Pennsylvania's total landmass, where it is buried to depths of up to 9,000 feet.
- The Marcellus Shale is an organic-rich black shale that was deposited in an oxygen-deficient marine environment about 390 million years ago.
- Operators in the Appalachian basin have known about the Marcellus Shale formation for over 75 years. It was originally considered a nuisance.
- In early 2008, surprise estimates stated the Marcellus could contain more than 500 trillion cubic feet of natural gas.

Check out the word scramble puzzle below, which is filled with names, locations characteristics and other words related to *Leadership Tioga County* and the *CLP Program*.

Have fun!

HINT: Think “color profiles” and the “3 E’s of Leadership”

BEUL

13		5	

DOLG

		6	

NEERG

		14		

GAONER

		12			

YRENEG

--	--	--	--	--

TINOEOM

		1				

NHTESUMISA

		11	8	9		2	10		

IFLENR PACTIKR

		3	7							4	

1	2	3	4	5	6	7	8	9

10	11	12	13	14	

Unscramble each of the clue words.

Copy the letters in the numbered cells to other cells with the same number.

