



DEVELOPING LEADERS

February 2009

Session 5
Issue 5

CONTINUOUS LEARNING & WORKFORCE DEVELOPMENT



The Pennsylvania College of Technology/North Campus hosted session 5 for the *Community Leadership Program* on Friday February 6, 2009. The topic for the day was Continuous Learning and Workforce Development.

Between presenters, the group gave 5 minute presentations they had prepared, choosing from 3 topics involving personal experiences with leadership. The speeches are getting longer!

Presenters for the day included **Brenda Abplanap**, Director of Outreach Services and the Pennsylvania College of Technology/North Campus; **Ferlin Patrick**, Director of Physician services with Laurel Health System; **Linda Williams**, Training Focus; **Susan Sweet**, Director of the Center for Lifelong Learning at Mansfield University; **Susan Clark Teisher**, Workforce Development and Continuing Education at Penn College of Technology; and **Sue Sticklin** of Laurel Health System, who has also spent time with this group before.

Brenda Abplanap started the morning talking to the group about learning styles of the adult learner. She did a learning style inventory with the group in which they learned their own learning styles, which was fun and pointed out to the group that we all learn differently and as leaders, must keep that in mind not only for ourselves, but for our staff. Brenda's main messages were to never stop learning, and to use it or lose it.

Brenda had Ferlin Patrick tell a story that highlighted her points, and pointed out that our limitations are in our minds, and we should never stop challenging ourselves.

Mr. Patrick later talked to the group of the 3 Es of leadership, which are Emotions, Energy and Edge. These are aspects of a good leader, and according to information learned in this presentation, "If it is going to happen, it is up to you".



Tioga County Development Corporation

Linda Williams shared what will surely be valuable materials on how to run an effective meeting. Anyone who has sat through ineffective meetings will appreciate and certainly use these points.



Next Susan Sweet, Director of the Center for Lifelong Learning at Mansfield University gave a presentation on Personal Development and Continuous Learning Opportunities. Susan shared lots of information to show what a high tech, educated world this has become, and this is increasing. The Industrial Age has given way to the Information Age.

Larson Design Group sponsored a lunch that was catered by the Native Bagel, and the members broke into groups while eating to discuss team projects. The projects include Second Chance Animal Sanctuaries, Steps to a Healthier PA, and the upcoming Leadership mixer.

Susan Clark Teisher agreed last minute to come to speak to the group on Workforce Development. She highlighted the importance of training staff. The cost of training is an investment in any company, ensuring that staff know what they are doing and why, to ensure that outcomes are met.

The final presenter of the day in meeting the topic of Continuous Learning was Sue Sticklin of Laurel Health. Sue utilized her usual fun activities with the group and they looked at color profiles, or personality tendencies. The orange group is an obvious crew, but a minority. Sue also talked about volunteering and passed out a valuable pamphlet listing current volunteer opportunities in Tioga County. The group discussed the benefits of volunteering.

This session set some valuable objectives for the Tioga County Leadership Program

- Better understanding of leadership needs within all aspects of the community:
 - business service organizations and volunteer organizations.
- Exposure to leadership skills necessary for public speaking, planning, and collaborative problem solving
- Understanding the needs for workforce development and how to get involved
- Continual development of personal goals and mission statements.
- The presenters shared good information to meet these objective and the group gained more valuable information to utilize.



March 6, 2009 the Community Leadership Class will travel to Harrisburg to explore the Political Process.

CLP Class of 2009 Profile



The session #5 *Community Leadership Program* spotlight shines on **Nicole Smith**. Nicole graduated from Mansfield University with a Bachelor's Degree in Social Work and a Master's Degree in Education. During her stay at Mansfield University she fell in love with the area and decided to relocate from Berks County to Mansfield, where she currently resides.

Nicole is employed by Partners In Progress in Mansfield, PA as a Program Specialist. Her job includes making sure that the organization is in compliance with the state regulations and she also provides vocational support to individuals. Nicole is also involved with the Special Olympics, where she serves as the Volunteer Coordinator. Aside from her duties as the Volunteer Coordinator, she also is a certified coach in aquatics, athletics, and long distance walking/running for the Special Olympics.

Nicole's other hobbies and interests include traveling and spending time with friends and family. When asked what she likes most about Tioga County, she states, "I enjoying being able to walk down the street and know most of the people that you pass." Nicole's favorite place in Tioga County to visit is her grandparents cabin in Morris, where she has been going since she was a child on vacation.

Nicole is looking forward to the opportunity to participate in this year's edition of the *Community Leadership Program*. When asked what she hopes to learn from the program, Nicole states, "I hope to be able to make connections with other professionals in Tioga County." This program certainly lends its hand to networking with other professionals in the county.

YOUTH LEADERSHIP SPOTLIGHT



Sophie weaver

We are excited to introduce you to current **Youth Leadership Program** participant **Sophie Weaver**. Sophie is a Junior at Wellsboro Area High School. She is the daughter of John and Julie Weaver and has an older brother named Andrew. Sophie is actively involved in cross country, track, ski club and chorus. Some of her hobbies and interests that she enjoys include running, skiing and horseback riding. Sophie also volunteers as a crossing guard for the Wellsboro Area School District.

Sophie feels that the Leadership Program is really helping her learn leadership skills.

Her favorite part of the Leadership Program is meeting students from other schools and getting the opportunity to work with them on various projects and activities.

When asked about the most embarrassing moment in the program, Sophie replied “accidentally putting coffee in my hot chocolate.” Oops...

Sophie plans on attending college once she graduates. With Sophie’s positive attitude and commitment she will have no problem achieving her life goals. Good luck Sophie!

Community Leadership Program Alumni



The Alumni Focus this month is on **Shari Johnson**. She was a participant in the 5th *Community Leadership Program*, Class of 2007. Shari resides in Mansfield, PA with her husband Greg and their two dogs and three cats. She is employed by First Citizens National Bank as the Tioga County Mortgage Manager; she has been in lending for almost 17 years.

Shari said that definitely the ropes course at the opening retreat was her fondest memory from her *Community Leadership Program* experience. She said, "I enjoyed the teamwork required to complete the activities and the laughs of the course. I will always remember that day."

The program made her more confident in her own abilities. It also made her much more aware of her possible impact on the community.

Shari learned through her participation in the program that it is ok to say no when asked to be involved in the community or other projects. As a result of that, she has been able to focus on specific areas rather than be involved in too much. She feels that her time is much better spent and much more efficient this way.

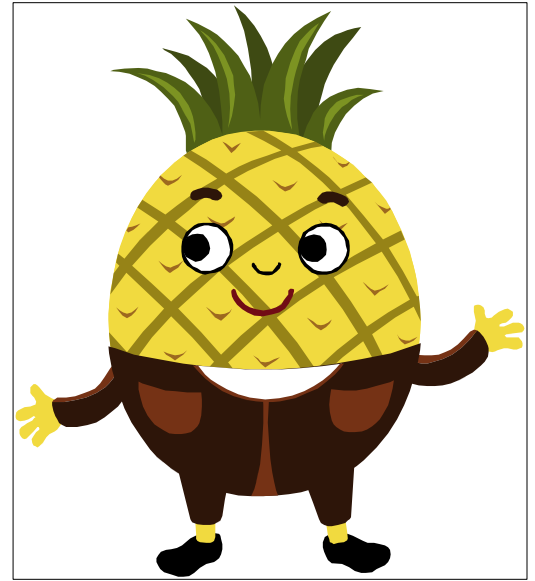
When asked what comical or embarrassing memory she had of the program, Shari said that she had many comical memories of her *CLP* journey. She said, "We had fun, while learning, of course, at every session. My group was responsible for the newsletter, so we got to see all the pictures from the sessions. For anyone who has not been involved in the program you have to understand that Christie takes pictures all day long every day -- so you can imagine the funny and unflattering pictures that we got to see."

Shari would encourage others to participate in the *Community Leadership Program* because she feels that the networking available through this program is priceless, not only with your classmates, but with the many area business people that you meet along the way.



Pineapple Party Cake

1 white cake mix
1 sm. box vanilla instant pudding mix
8 oz. pkg. cream cheese
1 cup milk
8 oz. Cool Whip
1 lg. can crushed pineapple (drained very well)



Make cake according to instructions on box for 9 x 13 inch pan.

Beat together vanilla pudding mix and cream cheese with mixer until smooth. Add milk and beat again until smooth.

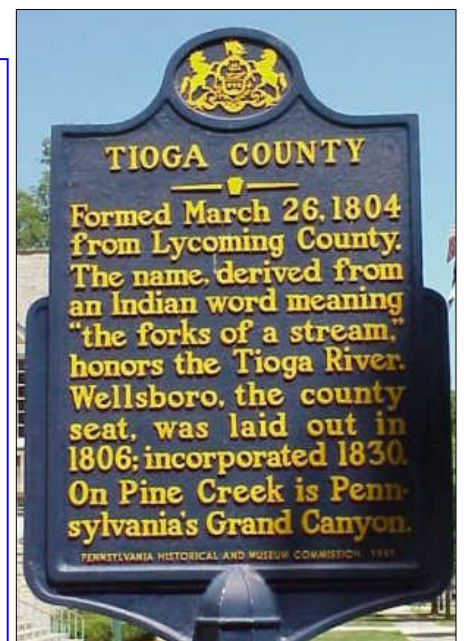
Fold in Cool Whip and crushed pineapple by hand.

Top cake with pineapple mixture. Keep refrigerated.

TIOGA COUNTY FUN FACT HISTORY

To find out more great information about Tioga County please visit Tri-Counties and History by Joyce M. Tice at <http://www.rootsweb.ancestry.com>

Photo courtesy of <http://www.rootsweb.ancestry.com>



2009 Youth Leadership Program

Youth Leadership Program Explores Arts & Entertainment in Tioga County

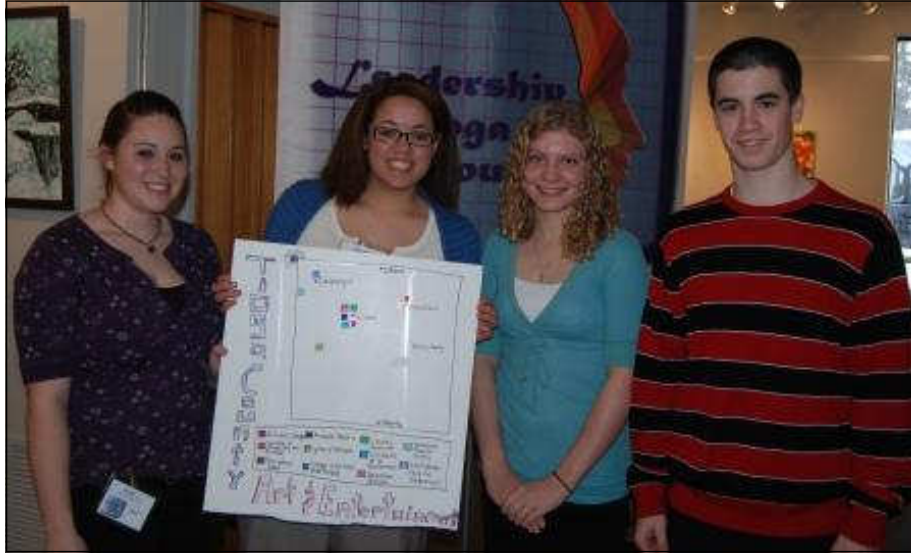


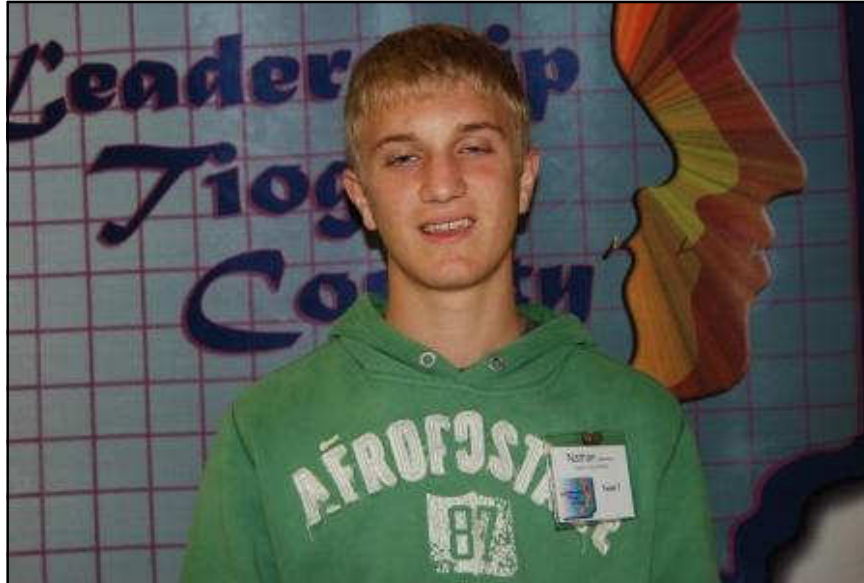
Photo Caption: (L to R) Team 5 Participants Jessi Hider, Wellsboro High School; Nina Griffis, Mansfield High School; Andi Fulmer, Cowanesque Valley High School and Patrick Cummings, Mansfield High School explored a variety of Events throughout Tioga County that residents and tourists can enjoy yearly.

The *Tioga County Development Corporation's Leadership Tioga County Youth Leadership Program* Class of 2009 participated in Session 5 **Communication, Arts & Entertainment** on February 4, 2009. The Session was held at the Gmeiner Art & Cultural Center & the Tioga County Historical Society in Wellsboro. The Class of 2009 explored the monthly Art exhibit at the Gmeiner and had a chance to hear from Karen Jacobson, President of the Wellsboro Community Concert Association. Students were interviewed live on WNBT's Radio Show "Coffee Break with John" hosted by John Antonio and Master Gardener, Sue Sticklin, taught the students how to create floral arrangements. The Session was sponsored by the Williamsport Sun-Gazette.

*Session 6 **Local, State and Federal Government** will be held at the*

Tioga County Courthouse on March 10, 2009.

YOUTH LEADERSHIP SPOTLIGHT



Nathan MacAvoy

We are excited to introduce you to current **Youth Leadership Program** participant **Nathan MacAvoy** this month. Nathan is a Junior at Liberty High School. He is the son of Tom and Wanda MacAvoy and has an older brother and sister. Nathan is actively involved in District Chorus, soccer and band. Nathan enjoys playing the piano and doing yard work at his church.

Nathan really enjoys sports, going to church and playing the piano and cello.

Nathan feels that the Leadership Program has helped him learn leadership techniques and team building experiences, as well as different opportunities that exist in Tioga County.

When asked what his favorite part of the program was, he stated "going to the courthouse and having a mock trial."

Nathan hopes to attend college for music education. He hopes to become some kind of music instructor some day. Good luck Nathan!

C LP Class of 2009 Profile



The session #5 *Community Leadership Program* spotlight shines on **Nancy Stamilio**. Nancy currently resides in Galeton, Pennsylvania and is a graduate of Galeton High School and the Olean Business Institute. Nancy has been employed by First Citizens National Bank in Wellsboro, PA for the past 12 ½ years and currently serves as the Assistant Sales Manager at the Weis Branch of FCNB. Nancy's job entails all facets of the branch activities from teller transactions to loan approvals. She also is the direct supervisor for two full-time employees and one part-time employee at the branch.

Nancy also participates in several community organizations including the American Cancer Society Leadership Council, Relay for Life Committee (Online Chairperson), Galeton High Steppers Relay for Life Team, and the Galeton Chamber of Commerce. She also enjoys several hobbies including spending time with friends and family, collecting antiques, going to auctions, and riding tractors (especially older models).

Tioga County is a special place for Nancy. When asked what she likes most about Tioga County, she states, "I enjoy all of the close-knit small communities." Nancy also enjoys riding around the Tioga County countryside and exploring places she has never been.

Nancy is looking forward to the opportunity to participate in this year's edition of the *Community Leadership Program*. When asked what she hopes to learn from the program, Nancy states, "I hope to learn what my leadership style is and how to best apply that in my job and in my daily life. I also hope to learn skills that will help me to become the best leader that I can be." Every leader has their own definition of leadership, Nancy's definition is, "Being able to show that you truly believe in what you are asking those that you lead to do, if you can do this, then they will follow your vision without hesitation." She also believes that this program is a great way to meet people from other businesses and organizations throughout the county and that lasting relationships will be formed from involvement with the program.