



DEVELOPING LEADERS

November 2008

Session 2
Issue 2

HEALTHY COMMUNITIES

Session 2 of the adult **Community Leadership Program** Class of 2009 took place at Soldiers and Sailors Memorial Hospital in Wellsboro on Friday, November 7th. The main objective of this session was to gain an understanding of what services are available locally for County residents.

To meet this objective, several presenters from organizations that provide local services spoke and played games with the group.

The day began with Lisa Banik introducing **Jan Fisher**, Executive Director of Laurel Health System, who gave an overview of the many, many services provided to Tioga County as well as neighboring Counties, by the Laurel Health System. The group learned that Laurel Health not only provides services for physical health care, but also behavioral health, services for seniors, Head Start, community support services for people with developmental disabilities, information and referral services, and more.

Next, **Sue Sticklin**, a Laurel Health Employee and an alumni of the *Community Leadership Program* Class of 2003, presented a teambuilding activity. Using gumdrops and toothpicks, with their dominant hands behind their backs and no talking, teams competed to build the largest standing toothpick tower. Competition was tight and all built solid towers (except the one

that fell over), and the team experienced a lesson in nonverbal communication and working together as a team.

Next, **Patty Riehl**, Director of Family Services, and **Diana Robinson** from the Tioga County Department of Human Services spoke about the myriad of services that Agency has to offer. TCDHS provides case management as well as services provided directly to individuals and families under the “silos” of children and youth, mental health, mental retardation, and drug and alcohol. Most other Counties in the State separate those categories, with an administrator for each.



Tioga County Development Corporation



Tioga County has one category, and the caseworkers assessments for services a family referrals for those requested categories mentioned above, the provides after school and including NYPUM, Fairways SPARK, and STAR.

administrator overseeing all four are trained to make holistic may benefit from, and to make services. In addition to the Community Services department summer programs for any local kids, to Success, Wilderness Experience,

After the presentation, the services that are available through both Laurel Health and TCDHS. Prizes were Highland Chocolates candy, made at the Chocolate Factory, which is a program that offers work to people with disabilities. Yummy!

The last presenter of the morning was **Pete Herres**, introduced by Cody Bowen. Mr. Herres is the Executive Director of Parks and Recreation. He explained to the class all of the activities available in the County through the Department of Parks and Recreation, and pointed out all of the other opportunities through other local organizations, and the State and Federal parks. He talked about future plans for the department to reach out to all communities in the County. A message from Pete to the group – “you have the power to change things within your community”.

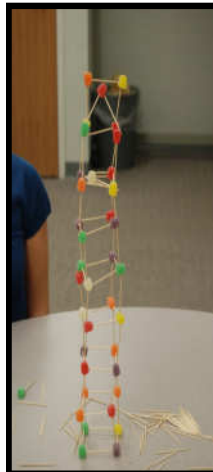
Finally the moment many had been dreading, class presentations. Each member stood in front of the class to give a one minute presentation on a service they had researched that is offered through the Tioga County Department of Human Services, the Laurel Health System, or the Tioga County Partnership for Community Health. One minute can be surprisingly short, or maddeningly long, depending on one’s preparation. After a lunch catered by the Laurel Health System, **Deb Adkins**, Executive Director talked to the group about the Tioga County Partnership for Community Health. This organization has developed many workgroups that meet and organize activities to increase Tioga County residents awareness of issues impacting the communities health, from drugs and alcohol, mental health, physical fitness, physical health; the message is to develop healthy habits. Deb had a lot of good information and material for the group.

The final leg of the group’s introduction to services included tours of some of what is provided through the Laurel Health system. They toured the Williams House, which is now home to several adults with developmental disabilities. It is a beautiful home that allows the residents to be close to town. The group also toured the Laurels, an assisted living program for seniors, and the Green Home, which provides long and short term nursing home services, including nursing care, rehabilitation, nutrition and radiology services, recreational programs and activities and for the residents, and more.



The lab at Soldiers part of this tour. The own hospital has the capability to test all fluids to diagnose and This lab also has blood may be needed. Give

The day wrapped up the teams getting to-progress and plans for



and Sailors was also group learned that our technology and manner of bodily help treat patients. stored for times it blood!

with evaluations and gether to discuss their activities.



Community Leadership Program Alumni



The *Community Leadership Program* Alumni Focus this month is on George Greeley. George was a participant in the 2nd Community Leadership Program in 2004. George resides in Wellsboro. He is employed by Citizens and Northern Bank as a Banker Assistant Vice President/Business Development Specialist. If the weather is good (and maybe even if it's not so good) you'll probably see George touring around the area on his motorcycle. Music is one of his greatest passions and he has been a member of several bands since 1975. You just might see George drumming out a beat in the band, Koine, which includes a few of his friends. They enjoy entertaining at local establishments and functions.

George's participation in the *Community Leadership Program* helped him to realize the importance of team work. He said the Group Project that his team was involved with helped to reinforce to him that everyone needs to contribute for success to take place.

Among the many experiences that George had with his participation in the Program, two of his favorites were the trip to Harrisburg to tour the Capital Building, and the tour of ACP. His participation in the *Community Leadership Program* has helped him to step back and listen before commenting. This ultimately has helped George become a better leader.

George shared a comical memory of his Leadership experience. It seems that he had trouble sleeping in the A-frames at His Thousand Hills during the overnight session and he ended sleeping in his truck. He didn't exactly share why he had trouble sleeping, maybe that is better left unsaid!

The *Community Leadership Program* has proven to be a great experience for George and he encourages others to participate in the program if given the opportunity. He feels that if anyone puts forth a valiant effort, they will walk away with more skills than they could ever imagine.

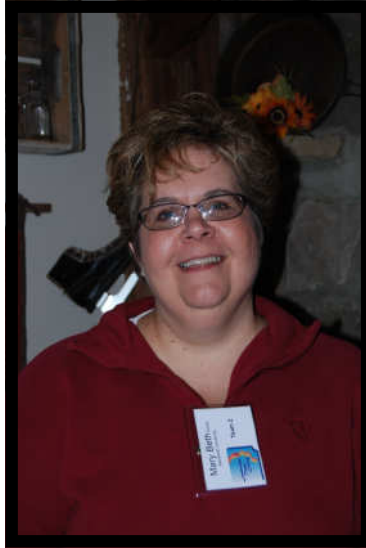
Definition of *Community Leader*:

A socially and/or politically prominent and respected member of a community

Webster's New Millennium™ Dictionary of English, Preview Edition (v 0.9.7)

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CLP Class of 2009 Profile

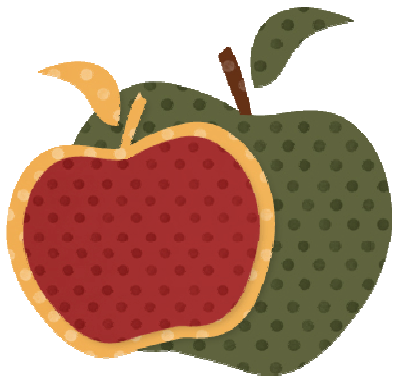


The session #2 *Community Leadership Program* spotlight shines on **Mary Beth Kollar**. Mary Beth resides in Mansfield, Pennsylvania with her spouse Frank, where she actively participates in activities at the Holy Child Catholic Church. Mary Beth also has a vast educational background, including a Bachelor of Science in Education, Special and Elementary and a Master of Science in Education.

Mary Beth is employed by Mansfield University where she has provided her expertise for the past 24 years. Her current position at Mansfield University is the Assistant Director of Residence Life, which includes the responsibilities of; overseeing the hiring, training/development and evaluation of residence life paraprofessional and professional staff, mentoring students in their growth and development with academics, personal and spiritual needs, and overseeing campus-wide judicial system. Mary Beth also previously held the position of Chief GED Test Administrator for Tioga County.

Mary Beth is thankful for the opportunity to participate in this year's *Community Leadership Program*, she says, "I hope to learn more about others, their styles of leadership and sharpen my own skill sets." The *Community Leadership Program* enables all participants to think about and expand upon what leadership means to them. Mary Beth says, "Leadership means to me, the ability to bring the best out in others. It's knowing what makes each person tick. It's knowing what the big picture needs to be. It's helping others discover what their contributing piece of the puzzle is, and getting the picture built."

As all *Community Leadership Program* participants either live or work in Tioga County, each has their own special thoughts on the county. Mary Beth enjoys the people, the hills, and the small town atmosphere that beholds this wonderful county. When asked about a favorite spot to visit in the county, Mary Beth states, "Hills Creek State Park. The hiking trails are the best for all ages and hiking abilities."



CARMEL APPLE SALAD

- 1 container (8 oz.) frozen whipped topping, thawed
- 1 small box instant butterscotch pudding
- 1 can (8 oz.) crushed pineapple with juice
- 3 C. diced apples
- 1 C. chopped walnuts
- 1 C. mini marshmallows

Mix cool whip, pudding, pineapple with juice. Add apples, nuts and marshmallows. Keep in the refrigerator until ready to serve.

2009 Youth Leadership Program

Developing Leaders

Youth Leadership Program Learns the Importance of Health & Human Service

On November 5, 2008 the *Tioga County Development Corporation Leadership Tioga County Youth Leadership Program Class of 2008* studied Health & Human Services during Session 2 at Soldiers & Sailors Memorial Hospital in Wellsboro. Students participated in various activities aimed at introducing them to the many Human Service and Healthcare Services available to Tioga County residents along with career options available in the healthcare field. Students had the opportunity to tour The Lab at Soldiers & Sailors Memorial Hospital, The Green Home, The Laurels and the Williams House.



Pictured here are participants of the *YLP Class of 2009* participating in the "Leadership Styles" Team Puzzle Building exercise.

Session 3 Understanding Business & Economics will be held at OSRAM Sylvania on December 4, 2008.

Y LP Class of 2009 Profile



The session #2 *Community Leadership Program* newsletter spotlights **Janina "Nina" Griffis**, a participant in the 2009 *Youth Leadership Program*. Janina is a resident of Mansfield, PA and attends Mansfield High School. She actively participates in Girl Scouts, Youth Group, the Tioga County Youth Leadership Program, and the Tioga County Dairy Promotion. Janina's future plans are to attend Penn College majoring in Mass Media Communications and Audio. She also enjoys other hobbies/interests including; music, art, pilates, meeting new people, knitting, and cooking.

Janina is excited about being a participant in this year's *Youth Leadership Program*. Janina says, "I hope to learn better public speaking skills, so I can be comfortable with people and being in front of them. I also like meeting people and I have met some really awesome people so far." The *Youth Leadership Program* recently met for the second session at Laurel Health in Wellsboro, PA where they learned about healthcare services in Tioga County. Janina's favorite part of the session was



visiting the different Laurel Health buildings and learning about the services that each offered to the community. By participating in the program, Janina hopes to expand on her definition of leadership, "Having the opportunity to make a difference because you are respected and trusted by others. It means you can work well together and construct projects and follow through. Working together is not the only thing, being able to work independently is as well."

Janina enjoys living in Tioga County, she states, "It's not too small or too big. Our town is growing very quickly with the road construction and the business complex they are putting in. I enjoy seeing how much our town is developing and how the people are reacting to it." Janina's favorite place to visit in Tioga County is the annual Tioga County Fair.

John Adair, British management trainer and author talks about leadership in a short course.

The six most important words – **"I admit I made a mistake."**

The five most important words – **"I am proud of you."**

The four most important words – **"What is your opinion?"**

The three most important words – **"If you please"**

The two most important words – **"Thank You"**

The one most important word – **"We"**

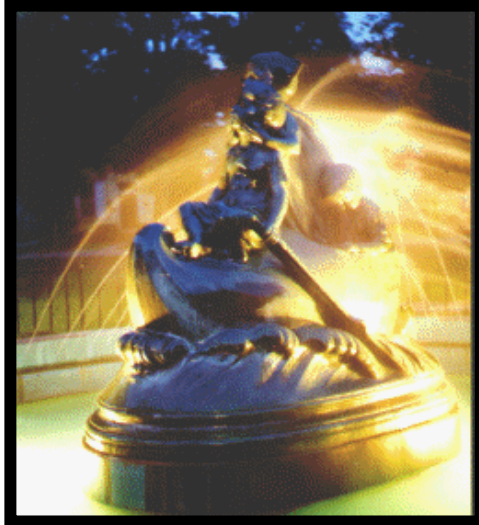
The least most important word – **"I"**

That's all for leadership.

TIOGA COUNTY FUN FACT **History of Wynken, Blynken and Nod**

Over 100 years ago, Wynken, Blynken and Nod came alive in the mind, heart and imagination of Eugene Field and on March 9, 1889, he penned the immortal words of what is also known as "The Dutch Lullaby."

Today, it is still considered the most perfect childhood poem.



Information courtesy of:
<http://www.wellsboropa.com/>
(Wellsboro Chamber of Commerce)

*The fountain that graces the Green in Wellsboro, PA is beautiful in the Summertime.
Photo by John Price*

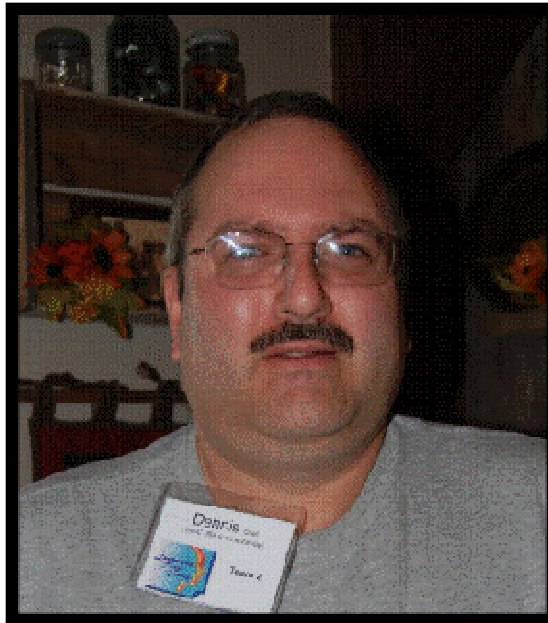
Bringing Wynken, Blynken and Nod to Wellsboro

Elizabeth Cameron Bailey, Daughter of Tioga County Judge David Cameron, became the bride of Fred Bailey on June 16, 1892. Both were Wellsboro natives. They spent their married life in Denver where Mr. Bailey became a State Senator, a major stockholder in the Crippled Creek gold Mine and the Brown Palace Hotel. He was one of the founders of the United States National Bank. Mr. Bailey honored his wife following her death with the bronze statue of Wynken Blynken and Nod to be placed in her memory on The Green where it has remained since its dedication on Friday, September 23, 1938. Among the reported 2000 who attended the ceremony were Mrs. Torrey, her daughter and Peter Cameron, brother of Mrs. Bailey.



Laurel Health System, a nonprofit, integrated health and human services organization. The mission is to provide excellent services that improve the health and well-being of the communities they serve. Laurel Health System offers a wide range of services for all age groups.

CLP Class of 2009 Profile



The session #2 *Community Leadership Program* spotlight shines on **Dennis “Barnie” Snell**. Dennis, his wife and three children reside in Trout Run, Pennsylvania. Dennis is active in several community organizations, including the Covington Baptist Church where he serves as a host, AWANA leader, and a member of the missions and technology committees. Dennis also serves as a firefighter, EMT and fire police for the Trout Run and Morris Fire Companies.

Dennis is a graduate of Montrose Area High School (Susquehanna County, PA) and Broome Tioga BOCES. He also holds a two year certificate in Industrial Drafting and Design with a secondary in Machine Shop and Manufacturing Processes and Inspection.

Dennis is employed by Hitachi Metals Automotive Components (HMAC), formerly known as ACP Manufacturing in Lawrenceville, PA where he has 12 years of service. Dennis holds the position of CAD-Project Coordinator/HMAC PS Lean Facilitator. His responsibilities include (but are not limited to); employee education on continuous improvement and assisting facilitators on various projects, serves as a CAD Operator by coordinating and managing smaller projects within the engineering department.

Dennis is thankful for the opportunity to participate in this year’s *Community Leadership Program*, he says, “I hope to gain a better knowledge of what Tioga County has to offer, and to learn more in order to make me a better leader.” The *Community Leadership Program* enables all participants to think about and expand upon what leadership means to them. Dennis says, “Leadership means being able to take a group of people and guide and direct them to accomplish a task as a group instead of the leader doing all the directing and the people doing. As the leader you need to let go and let the group take ownership of the task. The role of the leader is to facilitate the task at hand.”

As all *Community Leadership Program* participants either live or work in Tioga County, each has their own special thoughts on the county. Dennis enjoys the rural setting of Tioga County. He says, “I like to visit the state parks. It is a place where you can sit back and relax or stroll the paths. One other attraction that I like to occasionally do is ride the Tioga Railroad. I enjoy it for a couple of reasons; I have an interest in old trains and I also can enjoy the great country setting of Tioga County.”

Dennis has several other hobbies/interests including; helping people, working with children and youth, puppetry, object lessons, drama and clowning. Dennis’ interests are a big part of his life, as is evidenced by his draft personal mission statement, “Each day I will remember and grow in my Biblical beliefs in order to build strong and lasting relations at home, work and in my community.” Additionally, Dennis always asks himself, “What am I doing to make this a better place to work or live?”