



# Developing Leaders

November 2007 Session 2

Issue 1



*Left to Right: Amy Letts - Mansfield University, Tiny Finch - Laurel Health, Russ Gile - HN Automotive, Steve Weir - Larson Design Group, Kelly Diehl - Partners in Progress, Lori Hamblin - First Citizens National Bank, Melissa Wise - First Citizens National Bank, Brian Tevlin - Citizens and Northern Bank, Phyllis Marriner - Bradford-Tioga Head Start, Michelle Moffett - Ward Manufacturing, Lori Ranck - Mansfield University*

Tioga County Development Corporation's **Leadership Tioga County** Community Leadership Program class of 2007 had their second session on Friday, November 2<sup>nd</sup>. The session focused on **Healthy Communities** and was held at Soldiers and Sailors Memorial Hospital (SSMH) in Wellsboro, Pennsylvania. The **Healthy Communities** theme was communicated in several ways throughout the day. The theme was not only about how individuals in communities stay healthy, but also about how interconnected rural communities need to maintain themselves in order to stay healthy.

The first speaker of the day, Jan Fisher, Executive Director for Health Care Services at Laurel Health System, discussed the interesting connection between small and large business and residents in small communities, and how the connections are needed to keep the communities healthy. Ms. Fisher also discussed

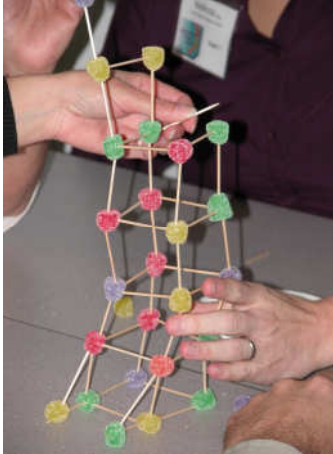


*Tioga County Development Corporation*

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services provided by the Laurel Health System. Some of the services discussed included: SSMH, The Green Home, The Laurels, Home Health and Hospice, Primary Care Physicians, Residential Youth Facilities, Head Start Programs, and Community Support Services.



After Ms. Fisher's welcome, the Class broke up into their groups for some team building fun. The teams were tasked to build a gum drop tower using toothpicks. The teams were given handicaps and were not allowed to use dominate hands or to communicate verbally. The teams discussed the results and lessons learned after the exercise.

The next speaker of the day was Linda Stager from the Tioga County Department of Human Services. Linda told the parable of "Choppy Waters River" and discussed how the story fit into the Tioga County Human Services Department. The teams then broke up into groups for role play in order to learn more about the services offered by the Tioga County Human Services Department. After the role play the group played "Tioga County Human Services Bingo" in order to become even more familiar with the services offered.



After the Human Services Bingo the group broke for lunch. After lunch, Brian Kennedy, from the Tioga County Partnership for Community Health, spoke about his organization and the mission of the Partnership. After Brian's overview of the Partnership, Brian had the group do a brainstorming exercise to come up with ways to increase revenue and recognition of the Tioga County Partnership for Community Health.

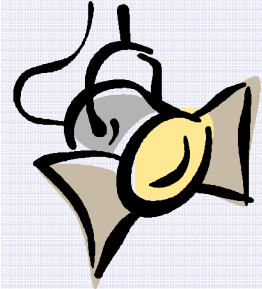
The session concluded with thorough tours of Soldiers and Sailors Memorial Hospital as well as the Green Home and the Laurels. The tours were informative and gave the groups a better understanding of what goes on inside the Laurel Health System.

To learn more about any of the organizations that were involved in this session visit them at their web sites:

[www.laurelhs.org](http://www.laurelhs.org)

[www.tiogahsa.org](http://www.tiogahsa.org)

[www.tiogapartners.org](http://www.tiogapartners.org)



## CLP CLASS OF 2008

# Spotlight



Kelly Diehl, a current *Community Leadership Program* participant, grew up in Honesdale, Pennsylvania with her brother and five sisters. Most of her family still resides in Honesdale, except for her oldest sister and herself.

Kelly pursued her degree in Special Education at Mansfield University, which introduced her to Tioga County. After receiving her degree, she was a substitute teacher in the county and worked for Camp Partners for a summer.

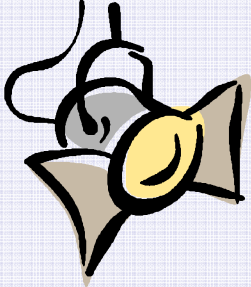
While working at Camp Partners, she learned of a position at Partners in Progress, where she now works full time. She has been with Partners in

Progress for 2 years as the Facility Based Director. In that position, Kelly runs the workshops and makes sure that they are in compliance with State regulations.

Not only is Kelly busy with her career and the *Community Leadership Program*, but she has also been busy preparing for an exciting event - her wedding. Kelly was married to Mr. Sam Irwin on Saturday, the 10<sup>th</sup> of November.

***CONGRATULATIONS AND BEST WISHES TO YOU BOTH!***

Over the past year Kelly has learned to take one day at a time. “I know that sounds corny but each day passes by so fast and you need to treasure the little things in life!”



## CLP CLASS OF 2008

# Spotlight

Deb Adkins, a current participant in the *Community Leadership Program*, is in the spotlight this month. She spent most of her life in LaPorte, Indiana, but she has also lived in Florida, New York, Tennessee, and California. What brought her to Tioga County was the opportunity to work for a non-profit organization. Currently she works for Tioga County Partnership for Community Health as the Director of Finance & Operations.



Deb has attended Mansfield University and Azusa Pacific University in California. She received her Business/Accounting Degree from Purdue University in Indiana. Currently she is pursuing a Masters Degree in Non-Profit Management from North Park University of Chicago.

Deb and her husband are celebrating their 18<sup>th</sup> anniversary this month. They have two sons, ages 7 and 4, and have a new baby on the way. The baby is due in February and they “think” it may be a little girl. They also have a still-frisky 18 year old cat and a 2 year old dog. Deb likes to delve into American History, especially the Civil and Revolutionary War eras and likes historic architecture.

Deb’s words of wisdom are: “You’ll never be as important to the rest of the world as you are to your kids. Make sure to treat them and your spouse like they matter more than all that other stuff in life.”



## CLP CLASS OF 2007

# ALUMNI FEATURE

Annie Ostrom, 2007 Alumni of the *Community Leadership Program*, is the Alumni feature this month. Annie works for Ward Manufacturing as the ISO Quality Document Controller for the WARDFLEX facility in Lawrenceville.

Annie met her husband, Scott, in Virginia while he was in active duty training for the Pennsylvania National Guard. Three years later, they married and relocated to Liberty.



The move from the city to a rural community enabled her to take a larger part in her children's lives, which was very important to her. Her belief is: "Family comes first. Your career will come if you pursue what you desire and by working towards your goal it can be achieved."

Sadly, Annie and Scott's son was killed in combat in 2005. With the resource information that she learned of through the program, Annie started a Memorial Foundation in honor of SSG Ryan S. Ostrom, which she is proud to say is really moving along.

Annie feels that the *Community Leadership Program* was one of the best educational experiences she's had and she highly recommends it to anyone who has the opportunity to participate. Through the program, she gained valuable knowledge about Tioga County. The program also sparked a desire for her to finish her degree in Business Management.

Her final words of wisdom are: "Set your goals high. You can achieve anything you set your mind to. All you need is a dream, a desire and the willingness to take the first step."

# YLP CLASS OF 2008

## SESSION TWO

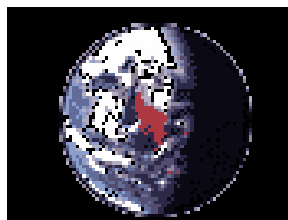


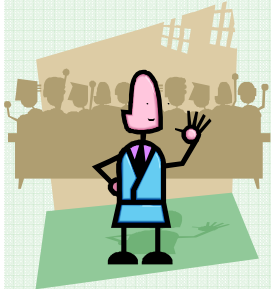
The *Tioga County Development Corporation Leadership Tioga County Youth Leadership Program* Class of 2008 participated in Session 2 **Healthy Communities** on November 13, 2007 at Soldiers & Sailors Memorial Hospital in Wellsboro. Mary Aumick of Laurel Health System and Jane Palmer, Assistant Director of Family Services of the Tioga County Department of Human Services coordinated Session 2. Students

participated in various activities aimed at introducing them to the many Human Services and Healthcare Services available to Tioga County residents. Students had the opportunity to tour Radiology & the Lab at Soldiers & Sailors Memorial Hospital, the Green Home and the Laurels.

Pictured from left to right are: Julie Martin, Liberty High School; Aric Root, Wellsboro High School; Dinesh Ramasamy, Mansfield High School; Sarah Cook, Elkland High School and Lindsey Copp, Wellsboro High School, who are participating in the “Gum Drop” Team Building exercise.

Session 3 **Understanding Business & Economics** will be held at the First Baptist Church in Tioga and Tyoga Container, Inc. on December 13, 2007.





# YLP CLASS OF 2008

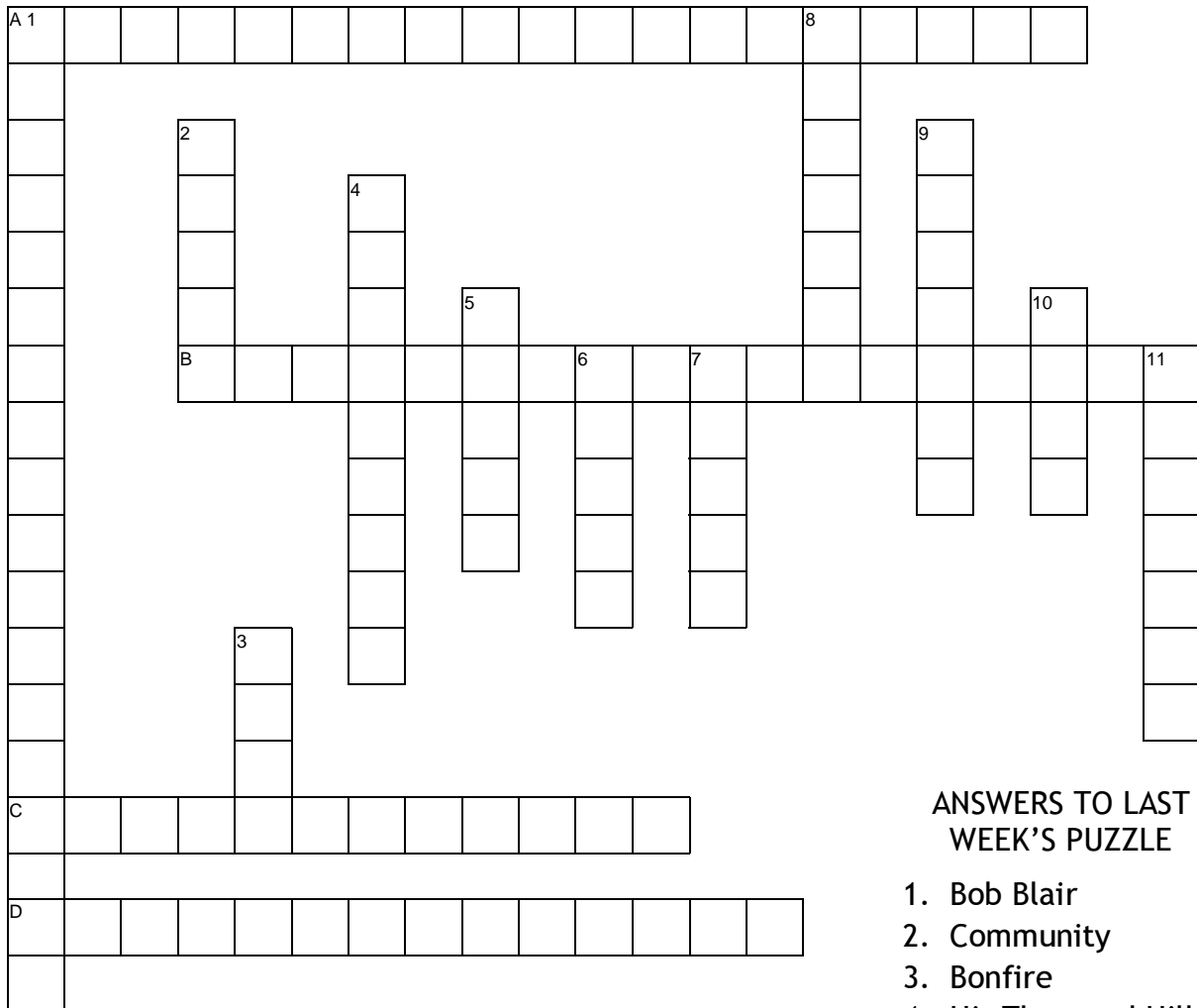
## TEEN SCENE



Current *Tioga County Development Corporation Leadership Tioga County Youth Leadership Program* participant, Caleb Krick, is our feature focus for this month. Caleb is the son of David and Patricia Krick of Wellsboro. He is currently a Junior at Wellsboro Area High School. Caleb tells us that he is very active with the Boy Scouts of America and with his church youth group. He was a manager for the football team this year. He also enjoys riding dirt bike.

Caleb was asked what benefits he has experienced by participating in the *Youth Leadership Program*. He replied that he is becoming a better communicator, as well as becoming more assertive and confident in his everyday life. He is enjoying traveling around to different areas of the county and meeting new people. Keep your eye on Caleb.....he is on his way to becoming a great asset to our county!

# JUST FOR FUN



## ANSWERS TO LAST WEEK'S PUZZLE

1. Bob Blair
2. Community
3. Bonfire
4. His Thousand Hills
5. Mission Statement
6. Nature
7. Teamwork
8. Consensus Circle
9. Retreat
10. Leadership

# JUST FOR FUN

## Across

- A) Human Services Agency created this non-profit business to provide employment for developmentally disabled people in Tioga County
- B) Laurel Health's acute-care non-profit hospital
- C) Laurel Health's 122-bed private non-profit nursing home, which provides long-term care and short-term services for residents of Tioga County and surrounding communities
- D) Laurel Health's home-based program for pregnant women and parents of children under the age of three that provides education for parents to further their child's development

## Down

- 1) The *CLP* & *YLP* session that focuses on providing participants with knowledge about the Health and Social Services available in Tioga County
- 2) Partnership for Community Health sponsored state program that is working to bring about positive behavioral changes in the areas of physical activity, nutrition, and tobacco use
- 3) Human Services Agency boot-camp style program for delinquent youth
- 4) Laurel Health System's educational preschool program for three- to five-year-olds, in which classroom activities help to improve the child's self-image and increase physical, social, self-help, and school readiness skills
- 5) Human Services Agency program that provides intensive support, education and therapy to families during non-traditional work hours, with a goal of preventing abuse and/or out of home placement
- 6) Human Services Agency after-school and weekend program designed to help youth ages 12-18 learn anger management and socialization skills
- 7) Human Services Agency program that uses mini-bikes as a motivational tool for youth ages 10-15 to overcome behavioral problems and develop self-esteem and a sense of belonging
- 8) Laurel Health System's assisted living facility that blends the services and security of traditional residential life with the pride and privacy of living in your own apartment
- 9) Laurel Health System program that offers medical services and care to terminally ill patients and their families, generally in the patient's home
- 10) Human Services Agency support group for adult men and their families who are dealing with domestic violence issues
- 11) Partnership for Community Health administered program to get Tioga County residents more active by self-selecting a goal of how many minutes you hope to exercise during a 10 week period

# FINAL THOUGHTS

If you think you can do a thing or that you cannot do a thing, in either case you are right. ~ Henry Ford

You may have a fresh start any moment you choose, for this thing that we call 'failure' is not the falling down, but the staying down. ~ Mary Pickford

Unless commitment is made, there are only promises and hopes... but no plans. ~ Peter Drucker

Management is doing things right; leadership is doing the right things. ~ Peter F. Drucker

The best executive is the one who has sense enough to pick good men to do what he wants done, and self-restraint to keep from meddling with them while they do it. ~ Theodore Roosevelt

The best way out is always through. ~ Robert Frost

You can't build a reputation on what you're going to do. ~ Henry Ford

Keep away from people who try to belittle your ambitions. Small people always do that, but the really great make you feel that you, too, can become great. ~ Mark Twain

No pessimist ever discovered the secret of the stars, or sailed to an uncharted land, or opened a new doorway for the human spirit. ~ Helen Keller

Personality can open doors, but only character can keep them open. ~ Elmer G. Letterman