



Developing Leaders

May 2007 Session 8 & 9

Issue 8



Community Leadership Program Examines Quality of Life

On Friday, May 4th the Leadership Tioga County *Community Leadership Program (CLP)* met for their eighth session, **Quality of Life**. The session was held at the Northern Appalachian Research Laboratory, outside of Wellsboro, PA. The coordinator for the day was Jim Weaver, Tioga County Planner and Grand Canyon Ecological Services. The session was sponsored by Grand Canyon Ecological Services and Wheeland Lumber Co, Inc.

The group was challenged to think about how their decisions impact the environment, with some examples given of how decisions made years ago have had an impact on things that are occurring around us today. The group then participated in a consensus circle. It is a tool that can be used in group settings for conflict resolution or to explore topics and learn more about topics. Everyone has an equal opportunity to express their opinions on a subject without interruption.

Pat Maier, Mountain Trail Horse Center and Nature Quest, then shared how they are working to help people connect with nature. He said that education is a key to the experience and then told about the many different experiences that are available to individuals through his programs. It gives people the ability to connect in whatever way they feel most comfortable.

The participants were then split into groups to explore the four eco-system processes (Mineral Cycle, Water Cycle, Energy Flow and Community Dynamics). Each group presented a diagram of their process, and everyone was able to see how all processes interact and are dependent on each other.



Tioga County Development Corporation

In the afternoon, there were four field stations that everyone participated in. One station was on macroinvertebrates (bugs). It was led by Jim Weaver and involved looking at the types of bugs found in the stream to help identify water quality. A second station was dendrology (trees) led by Ralph Brugger, District Manager of the Tioga County Conservation District (TCCD). It involved identifying trees of the area. A third station was on birds, facilitated by Dr. Bob Ross, ecologist at the Northern Appalachian Research Lab. It involved looking and listening for different types of birds—an increasingly popular activity. The fourth station was on water quality led by Cindy Copp, the Chesapeake Bay Tributary Strategist with the TCCD. It involved pH testing of the water and how that affects life in the stream.

The day gave all participants a chance to take some time to enjoy a beautiful spring day, learn more about how all things are related to/impact each other and to appreciate nature that is available to us in Tioga County.



CLP Class of 2005 Alumni



James D. Baker, Jr. of Larson Design Group is a graduate of the *CLP* Class of 2005. Jim has worked for Larson Design Group for three and a half years as Client Development Representative/ Project Manager. Jim has grown up and lived in Tioga County his entire life. He has over 26 years of experience designing water and wastewater systems in the northern tier of Pennsylvania and Southern Tier of New York. Some of the things Jim enjoyed most about the program was meeting new folks and learning about businesses in Tioga County, specifically Laurel Health System, Ward, and *TCDC*. He said the program helped to refine his leadership and public speaking skills as well as helped him become a better listener. Jim also mentioned how he has been able to utilize the skills he learned from the consensus circle to better understand how to resolve issues in meetings. Since completing the program Jim has taken on new roles within the community including serving on the board of directors for Laurel Health System and *TCDC* as well as on being a committee member for the Laurel Health Property Management committee.



The 2007 *CLP* Newsletter was produced by Greg Cummings, Stacy Dreibelbis, Mark Janelli, Shari Johnson and Annie Ostrom. From the very beginning, our group had decided to produce a newsletter for each session. So to make good on this goal, here is the final edition including Sessions 8 & 9. We had a great time putting each newsletter together and we thank all of our employers for the time to meet: Citizens & Northern Bank, First Citizens National Bank, HN Automotive, Larson Design Group and Ward Manufacturing. We would also like to thank all the individuals that allowed us to include them in our newsletters.

**Quality of Life
Terms & Topics of the Day**

- Birds
- Bugs
- Community
- Circle
- Ecological
- Eco System
- Environment
- Decisions
- Dendrology
- Impact
- Leadership
- Macroinvertebrates
- Opportunity
- Outside
- Research
- (

A	A	E	I	C	E	B	S	D	R	I	B	R	S
C	C	C	E	D	E	P	E	N	F	T	D	E	K
O	O	O	L	D	O	U	T	S	I	D	E	C	V
E	E	S	E	E	T	U	A	V	L	W	T	O	S
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V	I	S	T	D	Z	D	B	B	E	C	R	O	L
I	V	T	I	R	N	F	E	G	C	H	O	G	I
R	R	E	N	O	K	E	T	R	I	R	L	I	K
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N	Y	T	T	O	Z	S	E	V	I	H	N	A	O
M	T	I	R	G	P	G	V	W	O	C	I	L	Y
E	I	Q	O	Y	Q	I	N	A	N	R	B	P	K
N	N	N	P	C	O	I	I	F	S	A	Y	E	N
T	U	E	P	R	I	N	O	K	T	E	M	N	A
T	M	T	O	S	O	R	R	Q	S	S	S	N	H
T	M	A	I	M	P	A	C	T	I	E	Y	A	T
Z	O	E	E	N	K	L	A	L	L	R	A	M	S
A	C	B	U	G	S	P	M	E	E	G	H	I	A





Community Leadership Program's Session 9: Closing Ceremony and Graduation

Tioga County's *Community Leadership Program (CLP)* class of 2007 held its ninth and final session, on Friday May 18, 2007, at Pennsylvania College of Technology/North Campus located in Wellsboro, Pennsylvania. Brian Nowak, 2007 *CLP* Co-Chair, welcomed us to the "ice box" for our final session where we slowly warmed the room with all our "hot air". Next everyone took turns presenting their portfolios. Although we all started with the same objective and checklist, they were all very different in the end. Our final session continued with Deb Sawyer, Northcentral PA AHEC, with a review of our mission statement and setting goals to fulfill this statement. She taught us that goals should be SMART goals: Specific, Measurable, Achievable, Relevant, Time-bound. We were then allotted time to develop SMART goals.

Our final task with the *CLP* program involved presenting our projects. Team 1's project was Special Olympics, where they helped to improve the communication of the organization by developing a website brochure and newsletter template. Team 2's project was titled "Landscape Project", where they researched and photographed various sites in Tioga County in the past and present to compare the changes over time. Team 3's project consisted of writing the monthly newsletters and organizing the mixer. The mixer is focused on recruiting future participants to the program. It was apparent that all the groups worked very hard on their projects.

Once finished with all of the academic tasks, it was time for graduation. Bob Blair welcomed and congratulated the graduates. Ferlin Patrick, Laurel Health System, followed as the keynote speaker. Ferlin challenged the class to continue their journey as leaders. Chip Krusen, *CLP* 2007 graduate, ended with a multi-media presentation recapping the program.

Community Leadership Program Class of 2007



The following are quotes from the participants of the Class of 2007:

“The program has helped me to grow my leadership skills, advance professionally and meet a lot of new friends.”

–Greg Cummings, Larson Design Group

“It seems like a lot of work, but it really is a lot of fun.”

–Mark Janelli, HN Automotive, Inc.

“It was an outstanding program. I met many great people and learned a lot about myself and Tioga County.”

–Stacy Dreibelbis, Citizens & Northern Bank

“I found the leadership program to be very useful and gained more appreciation for my county and my state.”

–Annie Ostrom, Ward Manufacturing, Inc.

“Awesome program! I have enjoyed learning and growing with my fellow classmates.”

–Shari Johnson, First Citizens National Bank

"Through the leadership class I have gotten the chance to get to know and meet a lot of people that I probably would never have known otherwise."

-Chris Hurler, K&W Medical Specialties

"The only thing missing was the beer!"

- Chip Krusen, ACP Manufacturing, Inc.

"Great friendships and good connections"

-Beth Weiskopff, First Citizens National Bank

"The thing I enjoyed most about my leadership experience was the chance to work with people not in my "normal" realm of experience and building relationships/friendship with them."

-Marlene Doan, Northcentral AHEC

"For me the *Community Leadership Program* has provided an excellent opportunity for personal and professional growth. It could not have come at a better time in my life and career. I will always treasure the relationships built and experiences had in Tioga County, PA.

-Leslie Shelhamer

"I enjoyed meeting 14 new friends, as well as, many other interesting people from Tioga County."

-Adrienne Snyder, Citizens & Northern Bank

"I have grown professionally and personally throughout my leadership experience. The coordinators and classmates have been very supportive and provided a memorable learning environment."

-Joyce Fleming, Laurel Health System/Bradford-Tioga Head Start

"What has leadership meant to me: Fun, entertainment, and a great learning tool. Even more...good team building exercises and leaders and friendships to last a lifetime."

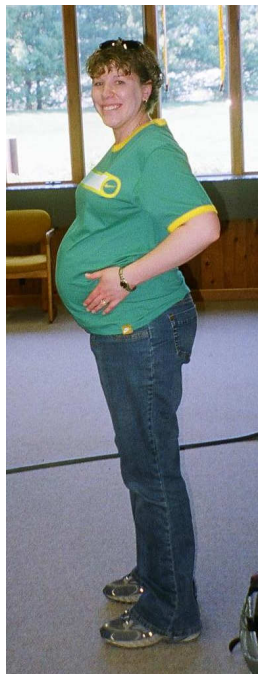
-Mary Aumick, Laurel Health System

"The leadership program means to me that I have learned to be more confident with my work and personal life. I made friends that I will have even after the program is over. The program has been a great experience in public speaking and tours of different areas in Tioga County."

-Alexis Taft, Owlett & Lewis PC

"Leadership program gave me an opportunity to become friends with 14 other participants from all over the county."

-Mike Goodreau, Citizens & Northern Bank



During the nine months that we were involved in the program we all grew. Even Christie! In the end we blossomed into leadership and Christie blossomed. On May 18th we all graduated from the *Community Leadership Program* and on May 11th Christie graduated into motherhood. The Class of 2007 would like to welcome our newest leader into the world.

Karah Lynn Blackwell

Future *YLP* class of 2023!

