


**Leadership Tioga County Youth Leadership Program**  
*Tioga County, Pennsylvania*

Session 7

- Topic: **QUALITY OF LIFE**
- Date: Tuesday, April 15, 2008
- Location: Morris Fire Hall, Morris, Pennsylvania
- Coordinators: Jim Weaver Tioga County Planner & Grand Canyon Ecological Services
- Presenters: Jim Weaver Tioga County Planner & Grand Canyon Ecological Services
- Cindy Copp Tioga County Conservation District
- Jennifer Demchak Watershed Management Professor, Mansfield University
- Habit: Habit 7 **“Sharpen the Saw”**  
*The 7 Habits of Highly Effective Teens by Sean Covey*
- Objectives:
- To learn to listen with respect.
  - To learn how to prioritize goals.
  - To gain an understanding of what is important in one’s life.
  - To gain an appreciation of our local natural beauty.
  - To become familiar with local conservation efforts.
  - To gain an understanding of the “quality of life” in Tioga County, what it encompasses and one’s responsibility in maintaining it.
- Curriculum: Students will learn Facilitation Skills by **everyone** participating in and facilitating a variety of Consensus Circle exercises. Quality of Life is a process.
- Attire: This will be an informal day in the field. Please wear functional outdoor clothing since this Session will be mainly outside regardless of rain, snow, sleet or shine. Footwear should be appropriate for being in the water (since we will be in the creek), hiking (sturdy boots) and weather. If you have rain gear, you will want to bring it in case of wet weather. Hats will be permitted for this Session to be worn **OUTSIDE ONLY**. Layer clothing to accommodate temperature changes. Bring an extra change of clothes just in case.

Tentative Schedule:

- 8:00 Arrivals / Check In at the Morris Fire Hall  
Refreshments Compliments of the *Grand Canyon Ecological Services*
- 8:00 Overview of Session 7  
Jim Weaver Tioga County Planner & Grand Canyon Ecological Services
- 8:15 Ice Breaker
- 8:30 Habit 7 “**Sharpen the Saw**”
- 9:00 Large Consensus Circle: Bio Diversity
- 9:45 Biodiversity/Watershed Tour and Activities  
**Stream & Wetland Habitats**  
Jennifer Demchak
- Abandon Mine Treatment Systems**  
Cindy Copp
- Macroinvertebrates Biodiversity**  
Jim Weaver
- 11:30 Lunch & Graduation Planning  
Compliments of: Phoenix Resources
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- Catered by: Tony's Italian Cuisine
- 12:15 Hands-On Activity  
Explore the four (4) Eco-System Processes,  
Jim Weaver, Tioga County Planner & Grand Canyon Ecological Services
- 1:00 Active Leadership LTLT  
Jeff Himes: PSU Cooperative Extension
- 2:00 Final Evaluation and Session Evaluation
- 2:15 Closing Circle: Closure of the *Youth Leadership Program Class of 2008*