

Leadership Tioga County Youth Leadership Program
Tioga County, Pennsylvania

Session 7

- Topic: **QUALITY OF LIFE**
- Date: Friday, April 9, 2010
- Location: Ives Run State Park
- Coordinators: Jim Weaver Tioga County Planner & Grand Canyon Ecological Services
- Presenters: Jim Weaver Tioga County Planner & Grand Canyon Ecological Services
- Gary Dillman Dam Tender, Tioga Hammond Dam
- Jennifer Demchak Watershed Management Professor, Mansfield University
- Habit: Habit 7 **“Sharpen the Saw”**
The 7 Habits of Highly Effective Teens by Sean Covey
- Objectives:
- To learn to listen with respect.
 - To learn how to prioritize goals.
 - To gain an understanding of what is important in one’s life.
 - To gain an appreciation of our local natural beauty.
 - To become familiar with local conservation efforts.
 - To gain an understanding of the “quality of life” in Tioga County, what it encompasses and one’s responsibility in maintaining it.
- Curriculum: Students will learn Facilitation Skills by **everyone** participating in and facilitating a variety of Consensus Circle exercises. Quality of Life is a process.
- Attire: This will be an informal day in the field. Please wear functional outdoor clothing since this Session will be mainly outside regardless of rain, snow, sleet or shine. Footwear should be appropriate for being in the water (since we will be in the creek), hiking (sturdy boots) and weather. If you have rain gear, you will want to bring it in case of wet weather. Hats will be permitted for this Session to be worn **OUTSIDE ONLY**. Layer clothing to accommodate temperature changes. Bring an extra change of clothes just in case.

Tentative Schedule:

- 8:00 Arrivals / Check In at Ives Run
Refreshments Compliments of the *Grand Canyon Ecological Services*
- 8:00 Overview of Session 7
Jim Weaver Tioga County Planner & Grand Canyon Ecological Services
- 8:15 Ice Breaker
- 8:30 Habit 7 “**Sharpen the Saw**”
Rennie Woodhouse, YLP Co-Chair
- 9:00 Large Consensus Circle: Bio Diversity
- 9:45 Biodiversity/Watershed Tour and Activities
Stream & Wetland Habitats
Jennifer Demchak

Operations at Tioga Hammond Dam
Gary Dillman

Macroinvertebrates & Biodiversity
Jim Weaver

- 11:30 Lunch Compliments of :



Land Services Group Cunningham Surveyor's

Catered by Tony's Italian Cuisine

- 12:15 Hands-On Activity
Explore the four (4) Eco-System Processes,
Jim Weaver, Tioga County Planner & Grand Canyon Ecological Services
- 1:00 LTLT: PSU
Jeff Himes, Penn State Cooperative Extension
- 1:45 Final Evaluation and Session Evaluation
- 2:00 Closing Circle: Closure of the *Youth Leadership Program Class of 2010*